Australian Human Rights Commission commends Sandy for ‘Flying with Paper Wings’

SANE Australia congratulates Sandy Jeffs after her autobiography ‘Flying with Paper Wings’ was recognised by the Australian Human Rights Commission.

Sandy received the Commission’s Literature (non-fiction) Highly Commended Certificate at the annual Human Rights Medals and Awards ceremony, the citation noting ‘this autobiography offers privileged insights into schizophrenia, as well as disturbing reflections on its causes and its care’.

‘Flying with Paper Wings’ was previously named the SANE Australia Book of the Year 2010 and was short-listed for The Age Book of the Year (Non-Fiction) 2010.

After receiving the commendation Sandy said she was happy to see her work being recognised as beneficial and positively contributing to Australian society.

‘I am really proud of my book and this is another lovely public affirmation that my story is relevant and meaningful to people,’ Sandy said.

Sandy Jeffs has worked with SANE Australia as a SANE Speaker for over 15 years.

For information, advice and referral on mental illness, contact the SANE Helpline on 1800 18 SANE (7263), or online via sane.org