

## Position Description

### POSITION

Role	Peer Guide, Peer Guide Program (Volunteer role required to participate in the Pathways to Peer work Program)
Location	Wide Bay/Hobart/Darwin/Rural and Regional NSW
Team/department	SANE Services
Employment type	Volunteer
Reports to	Peer Mentor
Duration	10-weeks online training followed by 10-weeks volunteering
Company overview	<p>SANE Australia is the leading organisation making a real difference for the five million people affected by complex mental health issues nationally. Australians affected by complex mental health issues – such as schizophrenia, bipolar disorder, complex trauma, and severe depression and anxiety – experience major barriers in accessing quality, affordable support, and face high levels of stigma and discrimination.</p> <p>SANE is committed to changing this reality through its digital and phone counselling, peer support services, arts programming and services, and advocacy and research programs.</p>

### POSITION PURPOSE

The Peer Guide Program supports people with a lived experience of mental health concerns, or caring experience, to explore peer support as a pathway to employment, study and community engagement.

The Peer Guide Participants are people who have experienced or currently experiencing disruptions in employment or studies and complex mental health concerns, who have a desire to participate in a program designed as a soft pathway to employment, education and community engagement through volunteer peer support.

The program will provide a digital-based structure to support peers and skills development that will help towards setting and achieving own goals and supporting other peers.

A core part of the program is to undertake this volunteering role which will provide the opportunity to explore working in mental health and peer work in more detail.

The Peer Guide Participants are expected to commit at least 2 hours per week (structured at their own leisure and assistance from a peer mentor) to undertake online training modules and volunteering in the SANE Forums. Your identity whilst engaging on the forums can be anonymous.

## KEY FUNCTIONS

### Key Accountabilities

#### Peer support

- Helping other Peer Guides and SANE Forums members feel supported by sharing own experience or through connecting members with similar experiences
- Practicing self-care and demonstrating own help-seeking
- Starting new and engaging discussions
- Being non-judgmental, empathetic and compassionate towards all members

#### Online Community Building

- Ability to navigate technology
- Following the Community Guidelines for SANE Forums
- Flagging concerning content through the 'Report Inappropriate Content' function

#### Health and safety

- Create, maintain, and consistently foster a safe and mentally healthy workplace at all times
- Maintain compliance in relation to information security standards and relevant compliance frameworks

#### People and culture

- Embrace the SANE Australia values and behaviours in everything you do
- Maintain respectful relationships and communications with all SANE volunteers, team members, partners, and supporters
- Value the strengths of team members, partners, and supporters, and contributing to an environment where all strengths are valued
- Adhere to SANE's policies and procedures
- Uphold principles of privacy and confidentiality in line with SANE's policies to ensure people accessing services and others are treated fairly and with mutual respect and understanding
- Work in line with SANE policies and procedures relating to volunteers and volunteer management

## ESSENTIAL REQUIREMENTS / KEY SELECTION CRITERIA TO BE ADDRESSED IN APPLICATIONS

- Well-being Supports (check with clinical governance)
- Personal Lived Experience
- Willingness to the training and volunteering
- Intentionally use their lived experience in a safe way to role-model and create hope.

## PRE – EMPLOYMENT CHECKS

All appointments to SANE are subject to reference checks, criminal record checks, and a 'Working with Children Check'. Some positions may also be subject to a medical check.