

SANE

FACTSHEET

PERPETUAL

ABOUT PERPETUAL

[Perpetual's](#) IMPACT Philanthropy program connects the many charitable trusts that is manages with not-for-profits seeking capacity funding support. These grants fund initiatives in arts and culture, education, conservation and the environment, social welfare, medical research and more.

SUPPORT FOR SANE

In FY20, Perpetual supported the 'SANE Assist' project, which aims to increase organisational capacity to provide specialist, professional mental health support services for people affected by complex mental health issues, including those living in rural and regional areas via SANE's 1800 helpline, webchat, email, online forums and psycho-educational resources on sane.org.

Established in 1998, the SANE Help Centre is the only support service of its kind in Australia for people affected by complex mental health issues. One of the most unique aspects of the SANE Australia Help Centre is that it is staffed by trained mental health professionals who not only care deeply about the work they do, but also have the specific professional expertise and wisdom to guide and support people on their journey with complex mental illness.